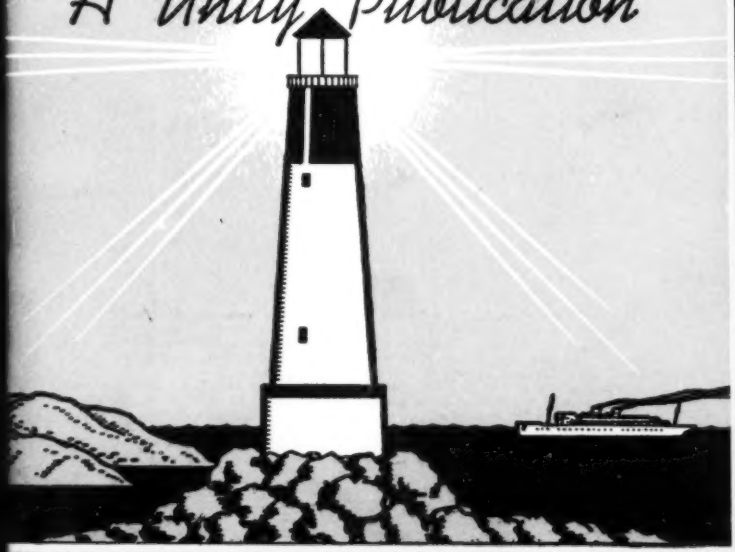
AUGUST, 1939 15c . . . $1 A YEAR

DAILY WORD

A Unity Publication



For Each New Day . . . THE RIGHT WORD FOR YOUR INSPIRATION

SOCIETY OF SILENT UNITY

Affirmations

JULY 20 TO AUGUST 19

Daily at 11 a. m. join us in this thought for spiritual illumination:

I continually praise and give thanks for the light of Spirit.

At 9 p. m. each night let us acknowledge the healing power of Spirit with this prayer:

I praise and give thanks that I am strong in the Lord and in the power of His might.

At high noon each day concentrate your attention on this thought for prosperity:

I praise and give thanks for the plenty, visible and invisible, that I feel and see everywhere.

Daily Word is nonsectarian, published monthly by the Unity School of Christianity. Single copies may be obtained at Unity libraries and newsstands at 15 cents. Subscription, $1 a year. Braille subscriptions are sent free to the blind, who are familiar with Grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity,* and *Unity Sunday School Leaflet* at $1 a year each.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

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When asking us to change your address, please be sure to state which of our magazines you are receiving, and whether you are now using a Prosperity Bank.

DAILY WORD

Vol. 31 AUGUST, 1939 No. 2

PUBLISHED BY THE UNITY SCHOOL OF CHRISTIANITY
FORMERLY EDITED BY FRANK B. WHITNEY. NOW EDITED UNDER THE SUPERVISION OF SILENT UNITY.

A little companion that daily directs your steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

Silent Unity Comments

At this season of the year when almost every one goes on vacation or takes a trip of one kind or another, Silent Unity speaks daily a special word for divine order, guidance, and protection that the way may be made clear, safe, harmonious, and joy-filled in every respect. Constantly our love and prayers go out to all of you in words of blessing such as these from the Apocrypha:

"God, which dwelleth in heaven, prosper your journey, and the angel of God keep you company."

The response to our request for the opinions of DAILY WORD readers regarding the use of the first person singular in presenting the daily lesson—as in the April issue—indicates an overwhelming majority in favor of it. To comply with these requests therefore the September issue will follow this style, and from time to time—perhaps three or four times a year—the lessons will be thus presented as meditations in the first person singular.

The primary purpose of the lessons and articles in DAILY WORD is to give you a message of Truth that will bring you comfort, inspiration, and encouragement. To this end we pray always that we may be perfect channels for the expression of Truth and that you, regardless of the outer form in which it comes, may receive just the word that you need.

Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offerings.

The Traveler

MARGARET STRAHLE

May He who guides on all journeys
  Guard and protect your way
Among all peoples and places;
  Bless and keep you each day.

The master Traveler go with you
  To all that's bright and fair
That through His eyes you may behold
  A world of beauty rare.

His love for all be in your heart,
  His grace in all you meet,
To gladden each bright, precious hour
  With friendship's joys complete.

Christ's joy be yours in boundless ways,
  His peace and love and light;
His presence be the quest of all
  Your travels day and night.

The Message of the Summer

IF YOU are one of the people to whom summer means just a series of hot, irritating days, you have missed the underlying message and the beautiful import of the season. Summer is truly the bright noonday of the year, the high tide of nature's growth and beauty. It is true that summer brings to many of us the consciousness of heat. Yet we would not resist heat, for it is the gift of Him who "hath made everything beautiful in its time." Like other good things heat is a gift of the Father of lights. Let us therefore receive it without resistance.

Like John the Revelator we may say, "I saw an angel standing in the sun." And indeed there is an angel in the sun, for there are many evidences of its blessings. In its light there is healing, cleansing, purifying. In the warmth of summer there is growth, development, the fruition of nature.

Summer affords us also the opportunity to grow in serenity, in patience, and in poise; to learn to adjust ourselves to prevailing conditions. If we have been dominated by the personal will and impelled by the tempo of intensive living, we now automatically fall into more quiet and restful ways. As we maintain a spirit of patience, poise, and nonresistance, summer brings us a deeper

realization of peace.

The message or song of summer is like a gay, bright flame in theme. Preceding the flowering and fruition of nature there have been long preparatory months. The seasons in their waiting have gradually prepared for the advent of summer, the time of culminating growth and loveliness. Steadfastly in the invisible as well as the visible nature has prepared for the climax of her giving.

This song of summer with its theme of ever-increasing progress echoes also in the lives of men. Perhaps at this time there seems to be a lull in your life. Because you recognize no visible signs of progress, you may feel that you are marking time in growth. If such is the case, know then that this is your period of preparation for the work that the Father has given you to do, the work that can be done best by you alone. Patiently, diligently take the steps that God reveals to you that are nearest at hand. Because you do not now see just how your work is to terminate do not be discouraged. As you seek the Father's will, as you do all you can in the best way you can, you will find the way opening before you for greater service and accomplishment. Attainment is a constant and steadfast growth, yet you will most assuredly reap

where you have sown.

"Except a grain of wheat fall into the earth and die, it abideth by itself alone." In your waiting like the grain of wheat you may be obscure, and your talents and abilities may be unrecognized by others. Yet in silence continue to seek God's will and purpose. Quietly, confidently prepare for its fulfillment in your life according to the light that is given you. Just as surely as the seasons rotate you will come into your own when you are fully prepared. The promise is "*Thy* life shall be clearer than the noonday." Prepare then for the noonday of your giving, the high tide of your service.

Such is the story of even Jesus, the Master. The period of His active ministry comprised but three years. Yet preceding this there was the period of His childhood and youth of which little is known. While theologians vary in their opinions as to what Jesus did in these intervening years, it is logical to conclude that whatever the details may have been they were His period of preparation.

How prayerfully must He have prepared for the summer of His giving, seeking always the will of the Father who sent Him! And when the

noonday of His giving came because He was ready, Jesus Christ became the light of the world.

Is not the glory of the summer likewise the glory of its giving? Every manifestation of nature gives all that it is capable of giving. Every plant, tree, and flower gives freely, withholding nothing. Such giving is the consummation of the law of life and growth. It is the kind of giving that Jesus Christ exemplified by His consecration, His life of service, and His consummate devotion to the will of the Father.

We too must give in this way if we are to fulfill our mission and live most completely. Give yourself first wholly as a living gift to God, a channel through which His divine purpose may be made manifest. Give also to others in love, in service, in the blessing of your prayers. If you would truly live, do not seek to save yourself or to withhold aught for self. "For whosoever would save his life shall lose it; and whosoever shall lose his life for my sake shall find it."

The message of the summer is a message of joyous giving. The promise of summer is that each child of God who waits patiently upon the Father and gives unreservedly of himself shall have a life that is brighter than the noonday.

BLESSED HOME

William H. Frazier

God lives with me my home to bless
  With peace and love and happiness;
His presence dwells in every room,
  And thoughts of love replace all gloom.

His blessing rests upon the walls,
  The basement, attic, floors, and halls;
My cupboards full shall ever be,
  For God Himself is blessing me.

❖

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Between Friends

SO MANY inspiring, encouraging, and helpful letters of comment have come to our desk during recent months that we feel we should like to share at least a few of them with you. Every card and letter and message from DAILY WORD readers makes us even more keenly aware of the strong bond of friendship that unites us in the Truth we are studying together to understand and express. We are grateful for your interest, your appreciation, and your blessings upon the work. We should be glad if we had room to publish more of the good letters that have reached us, but since we have not, we have chosen several that we are sure you too will find inspiring.

This letter from Mrs. M. G. H. is typical of many, telling us that the word of Truth is as the bread of life, and that the message for the day is read immediately upon arising:

Dear DAILY WORD: The daily meditation is beautiful and practical. I always begin my day with its beautiful and inspiring ideas. I find myself more and more hungry to appropriate the ideas contained in the daily message and always read it the first thing in the morning. It does satisfy an inward craving for Truth.

Neither DAILY WORD nor any other magazine or Truth activity could help growing and going for-

ward successfully when supported by the countless prayers and blessings of such friends as Mrs. C. E. S., who writes:

I pray always for your continued success. Things have changed so greatly since I first began reading about the Truth teachings that I am as yet a little stunned by all the good I have been able to do since I have been studying DAILY WORD. I cannot praise it highly enough as reading for one who is just new in the study of Truth. It helps him over so many places that he would otherwise have found impassable.

From time to time a Truth student will tell us of some plan he has adopted to help him in his study of Truth. Many readers use the margin of the DAILY WORD lesson to list the blessings for which they are thankful. One woman writes down the names of persons needing prayers, or things she wishes to demonstrate, beside each day's lesson. Here is a new idea from Miss B. M. R.:

Let me take this opportunity to tell you that I think DAILY WORD is more helpful with each issue. I am keeping a scrapbook in which I paste what seem to me to be the most helpful parts of Unity articles, and it seems that nearly every page from DAILY WORD goes into it.

Like a ray of light in a darkened room, DAILY WORD printed in Braille is opening up new vistas

of light and courage and faith to the blind, and this letter from Miss H. J. P. is but one of many:

I wish to take this opportunity to express my appreciation of DAILY WORD, which comes to me printed in Braille, a welcome visitor every month. The article "Adventuring Spirit" is most beautiful. Each number glows with warmth and helpfulness, and I am looking forward to the April issue, as I note you are to offer suggestions as to the use of the I AM. This has been so helpful to me in the past, and I will appreciate your adopting it for use in DAILY WORD.

We are truly grateful to the Father whenever some message of Truth proves particularly helpful to DAILY WORD readers, and these letters from W. T. and J. E. Y. pleased us greatly:

The April issue of DAILY WORD impressed me very much, and I do believe it is the best one I have ever read. I should like to pass a few copies around to my friends. If possible I should like to have six copies of this April issue mailed to the address below. I thank you with a thankful heart for your great work in publishing DAILY WORD.

April DAILY WORD has at last been printed in the way I have thought for a long time it should be. In fact, I always read using "I" and "I am." I am inclosing a money order. Please renew my subscription and send me ten extra copies of the April issue, and rush.

One of the finest ways of expressing gratitude for the good that Truth has brought us is through

sharing its message with others. In her letter Mrs. W. D. M. expresses the idea many are following:

Too long I have delayed writing a letter of appreciation and gratitude to Unity, not for any special benefits—which have been many and have been acknowledged—but just for the everyday joy and peace and inspiration that come from contact with Unity and trying to practice Truth.

For the last three years I have been enjoying your books and periodicals. I believe that every word I have read has been meant especially for me at the very time it came to me, but the climax seems to have been reached in the April DAILY WORD and the April UNITY. It may be that I have reached a place of better understanding, but those two books are outstanding even in Unity. I hope we shall keep to the use of "I am" in the DAILY WORD messages.

I add my thanks and blessing to those of the thousands you have helped and inspired, and I shall always keep my prosperity bank going so that I may have my small part in spreading the Truth as shown by Unity.

Added to these good messages and the countless welcome letters reaching us every day and rejoicing our hearts, comes this blessing in verse form from Mrs. W. M. G.:

Dear DAILY WORD, I bless you
As on your way you go;
Each day you come to bless me
And oh! I love you so.

Somehow God Answers Prayer

SOMETIMES when I have tried in vain and seem about to lose, to fail, there comes to me assuring peace: the Truth of God will win, prevail. Or when it seems that everything gives only trouble and more care, I turn to God, I think to pray, and find somehow God answers prayer. I need not tell Him just the way to answer when to Him I call; my faith assures me He'll not fail when in my trust I yield Him all. And when I think of only God, to Him alone in faith repair, it matters not how hard my task, I know somehow God answers prayer. Somehow, someway, God answers prayer when otherwise I'd be afraid. 'T is then He gives me added strength; a thousand hands come to my aid. I need to think less of the lack, to know that He is everywhere, to just appropriate the good and question not His way of prayer.—*Frank B. Whitney.*

(A copy of this poem, printed on a card, will be sent you on request.)

Tuesday

JOYOUSLY AND CONFIDENTLY I TRUST IN GOD TO ANSWER EVERY PRAYER.

MANY TIMES circumstances in our life might cause us to become very discouraged if it were not for the assurance deep down in our heart that God has not forsaken us or turned aside His aid from us. Of one thing we can always be very sure, though outer sources fail: God is forever at hand with supreme power to give us the help that we need, in the way that His wisdom discerns is right and best for us.

If there is some problem in your life that you have been working unsuccessfully to solve, release it entirely to the direction and control of the Father and let Him reveal the perfect solution. If you are seeking health, turn to the life of God within you with greater faith than you would place in any physician, and you will be made whole. If you need guidance or harmony or love or supply, go directly, serenely, with loving trust, to the mighty One within and you will be surely blessed.

✱ *I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee.*—ISA. 41:13.

Wednesday AUGUST 2

I AM THE OVERCOMING POWER OF SPIRIT MADE MANIFEST.

THE EASIEST and most successful way of overcoming an unwanted desire or habit is to replace it with one that is beneficial and strong, such as the desire for spiritual growth and understanding. Spiritual growth is not alone a mystical experience but includes such practical things as better health, clearer thinking, order in affairs, and increased faith in oneself. When the desire for these things becomes dominant, everything that interferes with their attainment will disappear from consciousness and expression.

If there is any unfulfilled longing in your mind or heart, or if there is any way in which you desire to improve and alter your way of thinking or acting or living, turn your attention to things of the Spirit and seek them with your whole heart. As you do so you will find that everything unlike your highest thought of yourself has become distasteful to you, and only the good intended for you by the Father can claim your attention.

♠ *Not by might, nor by power, but by my Spirit, saith Jehovah.*—ZECH. 4:6.

Thursday

THE PRINCIPLE OF DIVINE LOVE RULES MY MIND AND MY HEART.

IF YOU would know pure love, behold it as it is in the absolute. See it untouched by personal consciousness. See love as God love, as Christ-in-you love. Considering love as principle, you free your concept of it from personal limitations. In your consciousness behold love just as it is in the universal. When this principle rules your thoughts and your feelings you cannot be influenced by malice and hate, but your spirit of impartial and unbiased love will bless every person and situation about you.

When you understandingly apply love, it dissolves resistance, ill will, and personal enmity. You need not be concerned about your neighbor and his state of consciousness. Your part is to love and to know that impersonal love wins all causes. Say silently to another: "The principle of divine love rules your mind and your heart." Stand witness to the transforming, redeeming, regenerating power of love.

❋ *Let your love be perfectly sincere.*—ROM. 12:9 (Weymouth).

Friday

AUGUST 4

MY WORD—GOD'S WORD—SHALL BLESS AND PROSPER ME THIS DAY.

YOU ARE blessed and prospered as you follow the Father's plan. Do as He did. His plan was simple: He spoke and it was so. God said, "Let there be light," and there was light. Say of yourself, "Let there be health and strength in me." Go about your Father's business as Jesus Christ did, as if all the health in the world were yours, and lo! you will experience only health, and your strength will be abundant.

Say this morning, "Let there be abundance." All that the Father has is yours. You have spoken the word; have faith. You will see your supply manifest itself in plenty all day long. Say, "Let there be peace." Every moment, day and night, you will be conscious of the infolding, abiding peace and joy of Christ.

This is God's day, for you are speaking His word of blessing and prosperity for it. Dedicate your every word to Him who is its author and know His own wealth of good.

♣ *He brought us forth by the word of truth.*—JAMES 1:18.

CHRIST WITHIN ME IS MY TRUE COMPANION, THE SOURCE OF MY HAPPINESS AND SATISFACTION.

THE REAL longing of every person is for the happiness that arises from his awareness of unity with the Christ indwelling. Every urge of the heart and soul can be resolved into the desire to express more of the Christ nature.

If you ever feel sad or lonely because you seem to be without close human companionship, you need only to remember that there is One always with you who is closer than breathing. That is the Christ of your own being, your constant guide and inspiration. In His presence you find soul-satisfying joy, peace, and understanding. Your awareness of Christ in you as your divine comrade and friend gives you infinite satisfaction and adds beauty and interest to all your human associations. One poet expressed it thus:

"And those who walk with Him from day to day
Can never have a solitary way."

My companion, and my familiar friend.
We took sweet counsel together.
—PSALMS 55:13, 14.

Sunday

I AM A POWER FOR PEACE AS I EXPRESS GOOD WILL, LOYALTY, RIGHTEOUSNESS, AND INTEGRITY.

DO YOU ask, "What can I do in my small way to establish peace and to help all people partake of peace?" Each thought, each word, each action of every individual is adding to or detracting from the world-wide consciousness of peace.

Let us start to be the factor for good that we desire to be by following a program of good will, righteousness, loyalty, and integrity. Let us remove all limitations to our good will by beholding the Christ in every situation, in every person, and in every circumstance. Let us be like Christ in that we harbor no feeling of condemnation but steadfastly behold that which we know is true in all of God's creation. Our loyalty is to the Christ in ourselves and in our fellow man; let us react always to this Christ. In our integrity we shall be proving that we are a "power for peace."

❖ *And the work of righteousness shall be peace; and the effect of righteousness, quietness and confidence for ever.*—ISA. 32:17.

Monday

GOD'S WILL IS DONE THROUGH ME THIS DAY.

OUR DEEP desires of the heart are the urgings of Spirit to express itself through us. Knowing this, we can turn within to God for direction and guidance in bringing our good into manifestation. God has a way of blessing our efforts, and every time we put to work any part of the plans He reveals to us in the silence, He endows each of our applications of Truth with mighty power. Each idea used opens the door to richer and greater revelations, which lead on to new happiness and success.

Confidently today we place in the Father's hands our desire for good, realizing that the desire originated in Divine Mind. Next we ask for and expect a definite idea or plan for its transformation into tangibility. Now we must do the things Spirit directs us to do, for only as we put into action the promptings from within can we come into a full realization and enjoyment of the good planned for us and willed for us by the wise and understanding heart of the Father.

♣ *For it is God who worketh in you both to will and to work, for his good pleasure.*—PHIL. 2:13.

Tuesday AUGUST 8

I AM LORD OF MY BODY TEMPLE AND I BLESS IT WITH MY CONSCIOUSNESS OF LIFE.

ARE YOU sometimes impatient with your body for not manifesting the perfection you desire? If so, learn now to bless your body with your appreciation and approval, your gratefulness for it, and your consciousness of life, health, and strength.

Remember you are lord of your body, but as such you are not to be a taskmaster or a slave driver. As lord you are in a place of power and authority, and of intelligent leadership. When you affirm, "I am the ever-renewing expression of infinite life," it is wise to permit that life opportunity to permeate and fill your body with vigor and vitality before you make new demands upon it. Think of this and let your God-given judgment govern your physical activities.

Bless your body; love it, praise it; take time to keep it refreshed, calm, clean, nourished. In so doing you will be doing honor to the Christ who dwells within.

♣ *The temple of God is holy, and such are ye.*—I COR. 3:17.

Wednesday

THROUGH CHRIST IN ME I AM PATIENT, UNDISTURBED, SERENE.

PATIENCE bespeaks an inward poise, a quiet assurance of the presence and power of Christ that no outward act or occurrence can disturb. Any one who will can develop the spirit of patience by centering his thought and his faith in the Christ.

Whenever you feel impatient—with yourself, with some individual, with any condition in your life—turn to the presence of Christ within you and renew your faith in Him. Then you will be poised, unperturbed, assured of the right outworking. Keep your vision true to Christ so that you may see only the good in others, in all of the affairs about you, and in your own self. You will not be disturbed by any apparent confusion about you, nor impatient because of seeming delay, if you will maintain your consciousness of oneness with Christ within.

♣ *Be patient therefore, brethren, until the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, being patient over it, until it receive the early and latter rain.*—JAMES 5:7.

Thursday

AUGUST 10

I TURN MY VISION TO CHRIST AND FREELY FORGIVE MYSELF AND OTHERS FOR ALL SHORTCOMINGS.

DOES IT seem difficult to forgive yourself and others? Is it hard to forgive one who apparently has wronged you? Have you found that instant forgiveness comes by turning to Christ within? Then learn to let Christ in you recognize and greet Christ in others and behold the outworking of good regardless of appearances.

Many of us spend a large portion of our life in unhappiness because we are unwilling to let Christ inspire us to forgiveness. Many of us suffer because we hold onto memories of the past and harbor in our mind thoughts of unforgiveness. But when we turn our vision to Christ and acknowledge His presence in ourselves, in our fellow men, and in the circumstances and events of our life, we find it easy to let go of remembrance of the past and enjoy the good of the present.

Whenever any situation arises that requires forgiveness, turn quickly to Christ in your heart and forgive even as He has forgiven you.

♣ *He is faithful and righteous to forgive.*—I JOHN 1:9.

BY WORKING WITH DIVINE MIND I AM SUCCESSFUL.

HUMAN BEINGS have a tendency to measure success in terms of what others have accomplished. There are many roads leading to the same goal, and what has been success for another is not necessarily success for you. The purpose of Truth is to give you the knowledge and the understanding to turn to God—Divine Mind within you—for wisdom in choosing the right road for yourself. Success comes from faith in your God-given ability and willingness to use your gifts in unselfish service. When you think correctly and act rightly you utilize spiritual powers, for you quicken the Spirit of success within you.

True success comes from Spirit and, like happiness, can be neither bought nor sold. For understanding and wisdom in choosing the right path to your happiness and success, turn to the mind of God within and you will be guided into your own field of expression and happiness.

♣ *The steps of a* good *man are ordered by the Lord: and he delighteth in his way.*—PSALMS 37:23 (A. V.).

GO, YE BLE

Berth

Go, angelic thoughts, song
Ascend unto the secret pla
And bear me up on your sw
Above the realm of doubt,
Above the stumbling stone

Go, ye blessed thoughts, s
As messengers of God; fea
Through Spirit-charged hea
Go, praising Father, Son i
Till undiscovered spheres

Come, ye blessed thoughts
Bring from that height of
Sing ye as angels sing the
And wake the restless eart
With heaven established

YE BLESSED THOUGHTS

Bertha M. Russell

houghts, song-filled and crowned with light,
the secret place of God,
up on your swift-soaring wings
alm of doubt, above the earthly things,
umbling stones among which I have trod.

ed thoughts, search out the farthest star
ers of God; fear not to pass my ken
rit-charged heavens. As a singing host
Father, Son in man, and Holy Ghost,
vered spheres join in the loud "Amen!"

essed thoughts, descend—as did the Christ—to earth;
that height of consciousness the peace found there.
ngels sang the night when Christ was born
he restless earth unto a peaceful morn,
n established here, blessed messengers of prayer!

Saturday AUGUST 12

I RELAX AND LET GO OF ALL WORRY AND ANXIETY IN THE KNOWLEDGE THAT MY AFFAIRS ARE IN THE HANDS OF GOD.

WE FEEL no tension or strain when we are conscious of the Christ. The very awareness of His presence brings a sense of peace, a complete letting go of all tautness or anxiety. As we realize our divine sonship to the Father we recognize the absolute powerlessness of negation, and all things that tend to cause a feeling of tenseness fall away before the light of His Truth.

If we feel tension either of mind or body, we have but to let go and turn to the divine within us, resting our burdens, our desires, and our efforts in His wisdom and power.

Temporary relief from tension may be gained by a mental realization that all our affairs are in God's hands, but lasting relaxation results from the conviction and unwavering assurance that His love is in charge of our life and that "underneath are the everlasting arms."

• *Come unto me . . . and I will give you rest.*—MATT. 11:28.

MY LIFE IS HARMONIZED WITH THE LIFE OF GOD.

MAN'S LIFE must contact the life of God in order to be harmonious. It must be unified with the life of God at the center of man's being and there tap the life of God. The connection must be so well made that there is no break between the outer manifestation and the innate spiritual life. Man's life becomes harmonized on all planes of expression by his unifying himself with the life of God. He virtually causes God to live in his body and in his affairs when he brings about the conscious contact with God that lets divine life express itself through him.

The harmony of life! What an ideal, yet it is simple when one has learned the truth! The secret lies in our letting our life be the harmonious expression of God's life.

The strong, vigorous life of God is your life. Harmonize your thought with Divine Mind and you harmonize your life with the divine. The linking of your consciousness to God links your life to His.

♣ *Your life is hid with Christ in God.*—COL. 3:3.

Monday AUGUST 14

I AM DAILY REBORN IN CHRIST.

TO SAY that we are daily being reborn is not necessarily expressing a mysterious or impossible condition. With the dawning of each day's sun we enter a new phase of our unfoldment and life expression. Each day presents new problems, new opportunities, new conditions. In order that we may make the most of each new day and of the affairs of our world we must daily rededicate our life to the Christ of God within.

We are daily reborn in Christ that our mind and heart may be attuned to His perfect plan for us, that we may be strengthened to face the tasks ahead of us successfully and courageously.

When we lay aside all thought of unpleasant occurrences and all confidence in negative appearances, there is born in us a new consciousness, the Christ consciousness, and every thought is baptized with the light and love and substance of Christ. Old conditions and appearances pass out of our experience as we learn to let Christ be born in us each day.

♣ *Verily, verily, I say unto thee, Except one be born anew, he cannot see the kingdom of God.*—JOHN 3:3.

Tuesday

I AM NOT AFFECTED BY BELIEFS IN EXTREME WEATHER. I AM POISED AND CENTERED IN THE PEACE AND HARMONY OF GOD.

THOUGHT HAS power to heat or to chill the body. A person in anger may hold his body in a state of fever for hours. Regardless of the season or the weather, he may demonstrate in this way the power of thought to heat the body. The thought of fear chills the body. In extreme summer weather we have seen persons turn icy cold through entertaining fear.

We can see how necessary it is that we entertain the right thought if we would be poised and harmonious during the summer. Those who want to keep cool do not think about or discuss hot weather. They do not indulge in anger or any emotional state that destroys self-control.

"Now my soul is strong and joyous, 'neath the shadow of his wings;
There is cool and pleasant shelter, there are fresh and crystal springs."

♣ *For the eyes of the Lord are upon them that love him, he is their mighty protection and strong stay, a defence from heat, and a cover from the sun at noon.* —APOCRYPHA.

Wednesday AUGUST 16

THROUGH GOD IN ME I EXERCISE WISDOM AND GOOD JUDGMENT IN ALL THE AFFAIRS OF MY LIFE.

WELL ORDERED is the life of the man who makes wise use of the judgment faculty. Daily there are decisions to be made, judgments to be rendered, values to be determined. Every man has been divinely endowed with the intelligence and ability to discriminate the true from the false, the wise from the foolish.

Today resolve to follow the inner voice of God's judgment and wisdom. If a seeming dilemma faces you, pray earnestly about it and the wise course of action will be revealed to you. Whatever the circumstances of your life may be, whatever problems may present themselves to you, you are capable of assuring the right outcome by the use of your inner God-given judgment.

You need not fear mistaken judgment as you call upon the divine source of wisdom—God within you—and let His understanding, discernment, and good judgment reveal the way to you.

● *The judgment of God is according to truth.*—ROM. 2:2.

Thursday

MY JOY IS FULL BECAUSE GOD'S JOY FINDS FREE EXPRESSION IN AND THROUGH ME.

BEGINNING THIS day in a spirit of joy will lift the clouds and make hard tasks easy. Wherever you are, whoever you are—clerk, housewife, executive, day laborer—you have within you the Spirit of joy that will transform your whole world if you but let it express itself through you. Whatever may lie before you today, whatever your place or position, every difficulty may be solved, every demand richly met, if you approach it in the quiet serenity and joyous assurance of God's presence within and about you.

Jesus Christ revealed the way of upliftment and supremacy over depression or anxiety. Follow His instruction and let joy be fully expressed, for every experience and problem is mastered when joy becomes the dictator in mind and heart. Joy injected into each day's work accomplishes it easily. Home and office and factory and environment are made harmonious and orderly when joy is radiated by each person.

♣ *Your joy no man taketh away from you.*—JOHN 16:22.

Friday

AUGUST 18

MY THOUGHTS ARE STAYED ON GOD AND MY WORLD IS ONE OF ORDER AND HARMONY.

BY SETTING your mind right with God and making your thoughts conform to His thoughts you establish harmonious relations in your life. You bring into your world justice, order, righteousness, and peace.

God is working in your life to bless you and bring you good. When things appear to work against you, it is not that God would have it so. The character of your thinking determines the manner of your living. You can transform your world through the transformation of your thoughts.

Let go any thoughts of animosity, injustice, jealousy, or condemnation that you may have, and put forth every effort to harmonize your thinking with divine ideas of love, generosity, praise, and commendation. When your thoughts are stayed on God you will radiate a spirit of love and helpfulness that in turn will identify you with a peaceful, harmonious environment.

♣ *The good man out of the good treasure of his heart bringeth forth that which is good.*—LUKE 6:45.

I AM WILLING TO DO THY WILL. "IF ANY MAN WILLETH TO DO HIS WILL, HE SHALL KNOW OF THE TEACHING."

NO ONE would willingly submit his life entirely to the will of another person, because he would have no guarantee that this will would always secure his highest good for him. Yet if we could but comprehend and believe it, that is exactly what God's will does for us. We should therefore have no hesitancy in submitting wholeheartedly to the Father's beneficent will.

It is only when our own personal will, our unenlightened and misleading will, interferes with it that the divine will is hindered in its effort to bring us into our true inheritance of good. How very eager we should be then to subordinate our will to the more perfect will of God, to learn of Him the right direction in which to bend our will for the creation and establishment of our perfect world. Freed of the old belief that God's will imposes pain and punishment, we can say with Jesus Christ, "Not my will, but thine, be done."

● *If ye be willing and obedient, ye shall eat the good of the land.*—ISA. 1:19.

Affirmations

USED BY THE *Society of Silent Unity* . . . . . .

AUGUST 20 TO SEPTEMBER 19

Daily at 11 a. m. join us in this thought for spiritual

ILLUMINATION . . . I am willing to do Thy will. "If any man willeth to do his will, he shall know of the teaching."

+

At 9 p. m. each night let us acknowledge the power of Spirit for

HEALING . . . I decree with Jesus Christ, "I will: be thou made clean."

+

At high noon each day concentrate your attention on this thought for

PROSPERITY . . . I know that it is the Father's good pleasure to give me the kingdom, and I rejoice in the prosperity that follows.

I DECREE WITH JESUS CHRIST, "I WILL: BE THOU MADE CLEAN."

IN THE beginning Jehovah God spoke, and it was so. In the beginning God decreed man perfect, clothed with a perfect body, and in his spiritual self he ever remains pure, clean, strong, and perfect.

Through man's misdirection of his will, unwisely accepting or appropriating (eating) erroneous ideas, man's body has been unable to maintain in outer expression the ideal of perfection held for it in the mind of God. Through the same will of man rightly directed the temple of man's body can be rid of every unworthy desire and impulse and condition. To do this he has but to identify himself with the perfect image within—Christ—and so manifest life and wholeness.

The Christ of God within us is continually willing and decreeing peace and perfection for the body. Unified with that Christ, we can decree what is inherently true of ourselves, and it will be made manifest as purity, health, and wholeness.

● *Thou shalt also decree a thing, and it shall be established unto thee.*—JOB 22:28.

Monday AUGUST 21

I KNOW THAT IT IS THE FATHER'S GOOD PLEASURE TO GIVE ME THE KINGDOM, AND I REJOICE IN THE PROSPERITY THAT FOLLOWS.

THE KINGDOM that has been given you is not an acreage in a far country or a celestial domain in the hereafter but a realm of kingly or divine ideas that are the creative cause of all that appears in your manifest world.

Every objectified form in the universe has its source as an idea in Divine Mind, and through our unity with that Mind we have free access to the ideas that produce outer things. This kingdom of divine ideas has been given to each one of us, to use as we will. When through the discipline of our will we learn to unify ourselves with Divine Mind, the ideas of that Mind find expression through us and take outer shape and form to fulfill every need. Knowing that this kingdom has been given us, let us seek it and accept it. Then even as Jesus Christ has promised, all the outer things required by us and essential to our well-being will be added unto us.

❀ *Seek ye first his kingdom . . . and all these things shall be added unto you.*—MATT. 6:33.

Tuesday

I HAVE FAITH IN CHRIST WITHIN, AND I PRESS FORWARD WITH COURAGE AND FAITH TO MY GOAL.

FAITH IN the presence and power of Christ within is a mighty agent. It does many things for you. It climbs the mountains of adverse suggestions and lifts you to the high place of your desires. Faith knows no barrier but moves through inharmony to infinite good. Let faith work through you. Plant your faith in the soil of your mind, for there it takes root and grows through your actions.

Prepare the soil of your mind by giving it thoughts of courage, good judgment, kindness, joy, love, and understanding. Let your thoughts be given character through the words you speak about yourself, your associates, neighbors, and friends.

You have all you need to succeed: Christ's love, wisdom, joy, courage, understanding, and health. Aroused by the activity of faith in your mind and soul, you go forward each day divinely sure of the fulfillment of peace, happiness, perfection, and success.

♣ *I have kept the faith.*—II TIM. 4:7.

Wednesday AUGUST 23

I SEE ONLY THE GOOD, THE TRUE, AND THE BEAUTIFUL, FOR I SEE WITH THE VISION OF GOD.

WE LEARN in Truth that we are given power to the extent that we use it wisely. Therefore we should always use the power of God wisely in regard to our eyes. We should be constantly aware that our eyes are not limited in any way, for they are strengthened through correct use even as are our muscles.

Blessed are your eyes, because you see all things in perfect proportion. You not only see the good within yourself but in every one whom you contact. You are a radiating center of the Christ light. This light shines in and through you to bless those upon whom you look and to place a benediction of good upon all the sensations that your eyes carry to your mind.

Through your God sight new vistas of beauty, new individualities, and new inspirations are revealed to you. Through perfect sight you behold the good, the true, the beautiful of God's world.

• *Blessed* are *the eyes which see the things that ye see.* —LUKE 10:23.

Thursday

RISING ABOVE ALL PERSONAL FEELINGS, I REALIZE THAT I AM INDIVIDUALIZED IN GOD. I AM IMPERSONAL AND UNIVERSAL IN ALL THAT I THINK AND DO.

AN INDIVIDUAL should never allow the adverse feelings and the acts of others to affect his own feelings and acts. If he does, he may take this as evidence that he is still functioning in personal consciousness. A person functions in personal consciousness when he acts from the standpoint of selfish motives or when he allows the personality of another to sway him. Man is centered in God, in Truth, when he thinks and acts from an impersonal and universal standpoint. The goal of man is this impersonal life, this life of freedom from personality, a life of at-one-ment with God. When we make this unity with God, we are universal in thought and deed.

Jesus is an example of unselfishness and impersonality. He judged men by the Truth, not by His own personal feelings or by their personalities. He was a superior man because of His consciousness of universal life and love.

• *Over all, and through all, and in all.*—EPH. 4:6.

Friday AUGUST 25

I DENY THE IDEA OF DEBT, AND I CALL FORTH OMNIPRESENT SUBSTANCE, WHICH IS MY INHERITANCE FROM GOD.

DEBT BELONGS to the personal man. Jesus Christ said, "Owe no man any thing, but to love one another." Love is the fulfilling of the law; the way of love is the way of meeting every obligation in order and of receiving abundant supply from the Father.

God's substance fills the universe and we as His children inherit this substance in a measure sufficient for every need. To feel burdened by debt shows a lack of faith in this divine heritage. Debt is a negative idea and must be treated as such. This day take a firm stand and say:

I deny bondage to debt and the negative effect it has on my peace of mind. I now pluck the idea of debt at its fountainhead, which is mortal mind. I affirm abundance. I deny the idea of lack or the necessity of relying upon any one but God as my resource. Financial independence is my divine heritage, and I now enter into a full enjoyment of the good prepared for me by almighty God.

♣ *They shall prosper that love thee.*—PSALMS 122:6.

Saturday

THROUGH CHRIST MY EVERY THOUGHT IS PURE AND CONSTRUCTIVE.

DO YOU at all times practice and apply the purity of Christ? Through your application of His teachings you can put out of your life and affairs anything that is unclean and unlike Him. Through your own practice of purity you can put out of your body temple any condition that is inharmonious. Your body is sacred, and by applying the teachings of Jesus Christ you will never defile it in any way.

Through the purity of your thought your mind dwells only on that which is pure and constructive. It dwells only on that which is noble and good. Your mind becomes a creative organ of clean thought. Your thoughts of material things and of the persons with whom you live and work will be pure, unbiased, blessed. You will be able to see the purity of Christ in all creation. Purity of speech is yours. Your every spoken word is directed by thoughts of Christlike purity. The purity of Christ is expressed in your heart through your pure thoughts and words.

♣ *Keep thyself pure.*—I TIM. 5:22.

Sunday

I CONSECRATE MYSELF A LIVING PRAYER TO CHRIST.

WHEN WE pray we establish a sacred contact and communion with the presence of Christ that ever abides in us. A definite time devoted to daily prayer blesses our every activity and nourishes us in spiritual growth and development.

As we continue our practice of prayer, we find that it is easy to lengthen our periods of meditation. We find too that we are thus made conscious of Christ's presence abiding with us at all times.

Those who have attained most in spiritual unfoldment are they who abide constantly in prayer. To such as these prayer is not merely a period of routine meditation but a time of sustained realization of oneness with God. The life of Jesus Christ was itself a prayer. His consciousness of unity with God was so complete that He could say, "I and the Father are one."

Prayer in its truest sense is the consecration of every thought, word, and act of our life to God.

• *Pray without ceasing.*—I THESS. 5:17.

I AM FREE IN SPIRIT AND IN TRUTH.

BECAUSE FREEDOM is the rightful estate of every man, it is natural for him to rebel against bondage of any kind. But the universal longing for freedom will remain an insatiable one as long as man seeks liberation in the without.

You who would be free from limiting circumstances or conditions must first realize the true source of freedom. Not from some other person, not from some change in environment, not through some outer relief is freedom found. The source of freedom is the triumphant Spirit of God dwelling in you. A realization of your inherent power over everything in your life is necessary to the attainment of a consciousness of freedom. Even as your heart cries out for freedom, so can you assert your freedom through unifying yourself with omnipotence. Then can you rise up in faith and claim your birthright of freedom.

By knowing yourself to be a son of God you become the master of habit, circumstance, condition, environment. Then is freedom yours in manifestation as well as in Spirit and in Truth.

♣ *The Truth shall make you free.*—JOHN 8:32.

Tuesday AUGUST 29

I GIVE THANKS TO THE GIVER OF ALL GOOD FOR MANIFOLD BLESSINGS.

THANKSGIVING is not only an expression of joy and gratitude; it is a scientific principle in the demonstration of our good. When we give thanks we raise our consciousness to a vital realization that we have received richly.

While it is gracious to give thanks for visible good, the principle of thanksgiving is progressive rather than retroactive. When we give thanks, we not only acknowledge the present good, but we open our mind to receive still greater blessings.

To derive the most benefit from praise and thanksgiving we should give thanks for the blessings we desire just as though they were already manifest. We thus attune our mind for better receptivity and our spirit of praise increases our ability to receive. Thanksgiving sets into operation the law of increase, and gratitude is the seed that multiplies our good. More than this, he who has a thankful heart radiates joy and inspiration to others.

I will sing unto Jehovah,
Because he hath dealt bountifully with me.
—PSALMS 13:6.

Wednesday

I LIVE BY LOVE AND SO FULFILL ALL THE LAW.

DO YOU sometimes feel irked by the multitude of statutes, laws, regulations, and ordinances to which you must conform? That need never be a problem to you if you follow the way of love.

The purpose of our laws is to promote the welfare of the majority, a purpose of which love must approve. Even traffic regulations are for the enforcement of simple courtesies such as would be extended automatically by one who was obeying the law of love.

Would you find escape from irksome restrictions of man-made laws? Laws of compulsion have never been successful; voluntary regulation of self is the only means of true law enforcement. "Love thy neighbor as thyself." There is the answer. Use it not merely as a beautiful precept but as a rule of action. When all come to appreciate this, there will be no use for formal statutes, because love is the fundamental stuff of the law. In love you find fullness of freedom.

♣ *Love* is *the fulfilling of the law.*—ROM. 13:10 (A. V.).

Thursday AUGUST 31

NEW IDEAS REFRESH MY MIND AND RENEW MY BODY, AND I AM RENEWED IN EVERY PART.

THE MONOTONY of thinking the same thoughts day by day is relieved by a complete change of ideas. Many people who would not eat the same food every meal or wear the same clothes every day think the same thoughts and have the same views day by day. The mind that entertains the same ideas all the time lacks the freshness and resiliency that comes from new ideas. Unused portions of the brain are brought into action when new ideas are entertained. Overworked portions are given a rest.

Travel is considered a means of refreshment because one is constantly getting new viewpoints. The change of mental perspective eventually works a change mentally and physically and the traveler returns home completely renewed. The change has come about not directly through travel but through a change in ideas. New ideas transform the body. The body, being the product of thought, is very responsive to a change of ideas.

♣ *Be renewed in the spirit of your mind.*—EPH. 4:23.

LEARN TO APPLY TRUTH AND YOU WILL HAVE A HAPPY LIFE

During the week of September 11-17 will you join us in a daily study of the fundamentals of Truth by reviewing the textbook *Lessons in Truth?* Once a year Unity students join in a week's intensive study of this book, and many persons have found it the key to abundant health, success, and happiness. You can do the same thing. Read what Mrs. M—— reported last year:

> **"I was able to give a great deal of time to study during "Lessons in Truth" Week. I have been a student for thirty years, but for the first time many things were revealed. For the first time I came into the positive realization that I did not have to deal with materiality but only mind. I was healed completely of an illness, or a belief in illness I had held for more than ten years. In fact, I am enjoying a realization of perfect health for the first time in my life."**

"Lessons in Truth" Week is for both old and new students. If you are just taking up the study of Truth there is no better way to gain a knowledge of it than by joining this annual class. If you have made Truth your study for many years, you will still find blessings awaiting you just as did Mrs. M——, who wrote the letter.

In either case have your book ready to begin your study on September 11. If you do not have a copy, obtain one from your Unity center or by writing to Unity headquarters. *Lessons in Truth* is priced at $1 in cloth; at $2 in lovely flexible binding.

A FREE STUDY GUIDE

A little booklet called *Getting the Most out of Lessons in Truth in One Week* will be sent to all those who order *Lessons in Truth*. It will suggest a plan for daily study.

Help Yourself to SUCCESS and PROSPERITY

You can do this through constructive thinking, affirmative praying, and by maintaining a positive, expectant frame of mind.

The Prosperity Bank drill will help you do these things, for it is a daily reminder to think and pray aright.

How to Make Your Life Richer

The simple acts of blessing your substance, of giving thanks for your supply, of asking God's guidance and help in all your affairs bring order and harmony into your life and you are led into a happier, more prosperous way of living. Silent Unity will pray with you for your success and prosperity as you follow the drill.

Because new channels open to you as you help others you may use the Bank drill to send DAILY WORD to three friends who need cheering and blessing. The $3 to pay for these subscriptions may be sent in when the drill is completed.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank with full instructions and ask Silent Unity to pray with me for prosperity. Begin these three one-year *Daily Word* subscriptions at once, and in seven weeks I will send you $3 to pay for them.

1. Friend's name .....
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3. Friend's name .....
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MY NAME .....
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PROGRESS *for Young Persons*

If you are filled with the joy of living you are young, regardless of your age, and PROGRESS magazine is for you. If you are not finding life all that you wish it to be, PROGRESS can help you get a new, constructive viewpoint. PROGRESS is an illustrated monthly magazine that is packed with human interest and ideas for happy living. It carries short, forceful articles, stories (many of them based on true experiences), poems, a message from Silent Unity, an adaptation of the International Bible lessons, and other features. Give PROGRESS a trial. It is $1 a year.

GIFT BOOK OFFER

UNITY'S FIFTY GOLDEN YEARS is now being offered free with three subscriptions for DAILY WORD or any other Unity periodical ($1 a year each), an offer that no Unity reader should miss. This book is no tiresome history, but a vivid account of the events through which Unity has come, a living testimony to the power of Truth to solve any problem big or little. It is a story that will hold your interest and inspire you to go forward. Containing approximately 50,000 words, this book comes to you in covers of heavy gold-colored paper, printed in purple. It sells regularly for $1.

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Between Friends
Somehow God Answers Prayer (Poem)
Go, Ye Blessed Thoughts (Poem)

Daily Lessons for August

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